



We are a
**CHATTY
CAFÉ**

Welcome to the Chatty Café Toolkit



This Chatty Café is registered as part of
the Chatty Café Scheme UK
www.thechattycafescheme.co.uk



Connected
The Loneliness Network
Mid & East Antrim



Northern Health
and Social Care Trust



**Mid & East
Antrim**
Borough Council



Welcome

Mid and East Antrim Loneliness Network has been proactive in establishing Chatty cafes across our Borough to tackle loneliness and reduce isolation by creating opportunities to talk and interact.

The idea of a Chatty Café is to encourage venues to designate a table and make it available as a 'chatty table' where customers can sit if they are happy to talk to other customers.

This Toolkit has been designed to support start-up of new Chatty cafes. It contains:

- Information about the Chatty Café Scheme
- A Draft press release – which groups can change depending on their needs
- Contact details for the Mayor – All requests to go to Grace Carmichael (PA to the Mayor) to check dates and times and then complete the request booking form (attached).

E: grace.carmichael@midandeastantrim.gov.uk

Publicity

It is not necessary to invite the Chairperson or a Trust rep to launch events but they will attend and provide support where possible. However it is very important that any publicity mentions that they are part of the Mid and East Antrim Loneliness Network Chatty Café scheme. In return the café will receive resources including T-shirts, table toppers and window stickers.

Cost

There is no cost to cafes at present UK Chatty Café Scheme.

All our Chatty cafes will be registered as part of the UK Chatty Café scheme

www.thechattycafescheme.co.uk



Press release

For immediate publication

Date

Following on from the success of 4 Chatty Cafés opened last year, XXX are pleased to announce they are joining the Mid and East Antrim Chatty Café scheme.

The idea of a Chatty Café is to encourage venues to designate a table and make it available as a 'chatty table' where customers can sit if they are happy to talk to other customers.

The scheme, being rolled out by Mid and East Antrim Loneliness Network, part funded by MEA Council and the Northern health and Social Care Trust, aims to tackle loneliness and reduce isolation by creating opportunities to talk and interact.

It comes off the success of the Chatty Benches scheme which has seen bright yellow benches in public spaces create an opportunity for conversation in the outdoors.

Mayor of Mid and East Antrim, Cllr William McCaughey who said: "One in three people in Northern Ireland are likely to experience feelings of loneliness in their lifetime. Throughout these difficult past few years of

lockdowns, isolation and restrictions on our social activities, human contact has been limited which has impacted upon our mental health.

The challenges the Covid 19 pandemic has created in terms of creating loneliness in communities is something that the Mid and East Antrim Loneliness Network aims to tackle. I am delighted to attend this launch and look forward to seeing many more established across the borough."

XXX (Name of Café Owner) said "We are so pleased that XXX (Name of Café) Café will be hosting a Chatty Café table on XXX (days and dates). We understand lots of people have been dealing with issues of loneliness recently and we know the positive impact a conversation can have on your health and wellbeing. A short conversation with another person can really brighten your day. We hope this new Chatty Café will get people talking and meeting new people"

To find out more go to midandeantrim.gov.uk/healthandwellbeing
ENDS

PLEASE READ GUIDANCE NOTES BEFORE SUBMITTING YOUR APPLICATION

All activities the Mayor is invited to attend must be planned and undertaken in compliance with the Government's social distancing guidance, to protect everyone from the risk of infection.

Visit the PHA COVID-19 Advice page at

www.publichealth.hscni.net/news/covid-19-coronavirus

Application for Civic Representation			
Event			
Venue		Address:	
		Postcode:	
Date		Start time:	
		Finish time:	
		Time required to attend:	
Contact Details			
Name:		Address:	
Email:		Telephone Number:	
Event Details			
Background Information			
Civic Role			
Notable Guest / Dignitaries			
Other			
Date of Submission to Mayor's Office: <i>(To be completed by Mayor's PA)</i>			

Data Protection

Mid and East Antrim Borough Council Values your right to personal privacy. We at all times try to be open about the reasons why we collect, hold and use your personal information, We collect information about you in order to fulfil our statutory obligations and provide you and other people with services. Some of the information we gather may be used to help us provide you with improved services. For further information visit Council's Website <https://www.midandeantrim.gov.uk/privacy-notice>

Guidance Notes

The Mayor's schedule is a busy one and it is therefore essential that invitations are sent to the Mayoral Office well in advance of the event.

Invitations should be sent to the Mayor through the submission of the Mayoral Request Form. Your request to the Mayor should outline the Mayor's role at the event, dignitaries attending, purpose for their visit, venue including directions where applicable and should also indicate if the Mayor is required to speak at the event.

If you are requesting the Mayor to speak at your event full details of the event/organisation must be provided together with a brief outline of points you wish the Mayor to cover. Please be aware that the Mayor should not be called upon to speak or take an active part in any event, unless previously request in a timely manner.

You should also outline in your request the designated person who would meet the Mayor on arrival and escort them throughout the event.

Any subsequent changes to arrangements should be confirmed as soon as possible to the Mayor's Office.

Should the Mayor not be available for an engagement, the Mayor will send civic representation on his behalf i.e. Deputy Mayor, Chair or Vice Chair of Council Committee.

Recognition and Celebration

The Mayor provides recognition to citizens of the Borough for special achievements, endeavours and community service. The Mayor will only consider anyone approaching their 100th birthday or subsequent birthday thereafter and anyone celebrating their 60th Wedding Anniversary.

To request a reception with the Mayor please submit a Mayoral request outlining details of the recognition or celebration for the Mayor's consideration.

To arrange a congratulatory message from the Queen for special birthdays and wedding anniversaries, visit: www.nidirect.gov.uk/congratulatory-messages

You may contact the Mayor's Office for appropriate advice and guidance.

Please forward completed form to:

The Mayor's Office | Mid and East Antrim Borough Council | 1-29 Bridge Street | Ballymena | BT43 5EJ

E: Mayors.Office@midandeantrim.gov.uk

T: 028 2563 3398

Visit the Mayor's Section on the Website:

www.midandeantrim.gov.uk/council/mayor



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healthandwellbeing](http://midandeantrim.gov.uk/healthandwellbeing)



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